

Yemeni Community Association in Sandwell Limited

Timetable of Activities from January 2014*



<u>Time</u>	<u>Class/Activity</u>	<u>Location</u>	<u>Group</u>
Monday			
09:00-13:00	Women's Gym Session	YCA	Female Only
10:00-14:00	Job Club	YCA	Mixed (18+ Years)
10:00-17:00	Advice & Guidance/Drop-in Surgery	YCA	Mixed
13:00-17:00	Men's Gym Session	YCA	Male Only
17:00-20:00	Women's Gym Session**	YCA	Female Only
17:00-20:00	Tahfidh (Quran) Class	YCA	Mixed (7+ Years)
Tuesday			
09:00-13:00	Men's Gym Session	YCA	Male Only
10:00-12:30	Elderly Men's Extend Exercise	YCA	Male Only
10:00-13:00	Elderly Men's Advice & Guidance	YCA	Male Only
12:30-13:30	Elderly Men's Luncheon Club	YCA	Male Only
13:00-17:00	Advice & Guidance/Drop-in Surgery	YCA	Mixed
13:00-17:00	Women's Gym Session	YCA	Female Only
17:00-20:00	Men's Gym Session**	YCA	Male Only
Wednesday			
10:00-11:30	ESOL – Speaking and Listening***	LRCC	Mixed (18+ Years)
10:00-12:00	Women's Social & Learning Session	YCA	Female Only
10:00-13:00	Women's Gym Session	YCA	Female Only
13:00-17:00	Men's Gym Session	YCA	Male Only
17:00-20:00	Women's Gym Session**	YCA	Female Only
17:00-20:00	Homework /Revision Club	YCA	Mixed (7-14 Years)
Thursday			
09:00-13:00	Women's Gym Session	YCA	Female Only
10:00-12:30	Elderly Women's Extend Exercise	YCA	Female Only
10:00-13:00	Elderly Women's Advice & Guidance	YCA	Female Only
12:30-13:30	Elderly Women's Luncheon Club	YCA	Female Only
13:00-17:00	Advice & Guidance/Drop-in Surgery	YCA	Mixed
13:00-17:00	Men's Gym Session	YCA	Male Only
17:00-20:00	Youth Club	YCA	Mixed (11 -14 Years)
Friday			
09:00-11:00	Women's Gym Session	YCA	Female Only
10:30-13:30	Advice & Guidance/Drop-in Surgery	YCA	Mixed
12:00-14:00	Friday Prayer (Jumuah)	YCA	Male Only
14:00-17:00	Men's Gym Session	YCA	Male Only
Saturday			
09:30-11:30	Tahfidh (Quran) Class	YCA	Male Only
09:00-16:30	Arabic School***	LRCC	Mixed (7-15 Years)
12:00-22:00	Men's Social Group	YCA	Male Only
Sunday			
16:00-19:00	Tahfidh (Quran) Class	YCA	Male Only

* Please note that the YCA timetable and activities are subject to change

** Please call YCA to confirm availability

*** Lodge Community Centre, Lodge Road, West Bromwich, B70 8PJ